



# WHY HEALTHY BONES MATTER

**TAKING CHARGE OF YOUR BONE HEALTH**



**TUESDAY,  
MAY 5, 2020  
5:00 PM - 6:00 PM**

In partnership with AAHP  
(African American Health Program)  
Aging Subcommittee



## ABOUT THE EVENT

Freedom From Fractures™ is the largest community-organized awareness campaign on fracture risk and prevention. This national event brings an insight into how medical conditions, medications, and family history can affect your risk for fractures.

African Americans are less likely to be screened for osteoporosis, to receive treatment, and more likely to have chronic diseases that are bad for bone. This program provides the crucial education necessary so the community can take charge of their bone health!

**REGISTER NOW:**

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